

# What is Positive Peer Influence?



Positive peer influence is a key principle in MOE's Cyber Wellness Framework which encourages our students to:

- ✓ Be a positive role model online (e.g. share healthy and positive content, harness technology to do good); and
- ✓ Advocate positive online behaviours (e.g. stand up for their peers online, report cases of cyber bullying to a trusted adult/authority, post encouraging remarks on social media).



# Why is Being a Positive Peer Influence Online Important?



Being a positive peer influence online will help your child to:

- ✓ Exercise empathy and kindness online
- ✓ Develop resilience and moral courage to stand up to negative peer pressure and unhealthy online influences
- ✓ Learn responsibility for words and actions
- ✓ Leave positive digital footprints and establish a good online reputation



# **How can Parents Help?**



## Encourage your child to:

- ✓ Be S.U.R.E. before sharing. Check the Source, Understand the facts, Research and Evaluate
- ✓ T.H.I.N.K. before posting. Ask: "Is it True? Helpful? Inspiring? Necessary? Kind?"
- ✓ Be an upstander for friends who are cyber bullied
- ✓ Use technology for good







## **Key Messages**



Value the importance of being a positive peer influence online



Guide your child to use technology for good



Model positive online habits



Encourage your child to be a positive peer influence online



### **Resources**



#### Ministry of Education

Check out MOE's Cyber Wellness Portal for up-to-date cyber wellness tips and resources for parents.

ictconnection.moe.edu.sg/cyber-wellness/for-parents



#### **Media Literacy Council**

Check out "Media-WISE: A SMART guide for YOUths" for tips on how your children can stay safe and kind online.

medialiteracycouncil.sg/-/media/MLC/Resources/Pdf/Youth/Media-Wise.pdf



#### **National Library Board**

Pick up some research skills and learn more about the **S.U.R.E**. method from NLB's eLearn Centre, an e-learning portal for Internet users of all ages. nlb.gov.sg/sure/elearn-centre



